

Strathfield School For Seniors

Our School for Seniors is a community of people aged 50+ who come together to socialise and learn new skills in a relaxed, safe and supportive environment.

We get together every Friday of the NSW Public School Term. Everyone is welcome on a weekly or casual basis. Drop-in for a cup of tea and a chat or join one or more of our Classes which range from Crafts, Computers, Current Affairs to Bridge.



Our Class Tutors volunteer their time and bring a wealth of experience from their field of expertise. We are open to adding new Classes and Groups. We warmly welcome all visitors and new Tutors and Speakers.

Our Events include Open Days, Art Exhibitions, Craft Shows, Cultural Events, Guest Speakers and end of Term and Christmas celebrations.

Location: Uniting Church Hall, 11 Carrington Ave, Strathfield
next door to Santa Sabina Junior School

Class Hours: 9:00am - 12:30pm each Friday during
NSW Public School Term

Class Fees: General classes: \$10.00 per school term
Guest: Free
Includes free morning tea

Parking: Available in the Church Grounds

Transport: Contact Access Sydney
Or Catch the Strathfield Council's
Connector Bus, Blue Route from
Homebush or Homebush West.

Accessibility Yes: All rooms are accessible.

New Monday Classes at Strathfield Library

Starting May 2022,
Strathfield School for
Seniors will commence
classes at
Strathfield Library in
partnership with
Strathfield Council.



Strathfield School for Seniors would like to acknowledge
Strathfield Council as a proud supporter of our School.

Are you lonely or socially isolated?

The 2018 Australian Loneliness Report revealed that one in four Australians reported feeling lonely each week. The report also found one in two people sometimes, or always feel alone and 30 per cent of people say they don't belong to a friendship group.

Covid has significantly impacted many Seniors, increasing social isolation and loneliness.

Please, come and visit us any Friday.

School for Seniors Term Dates 2022

Term 1:	Friday 12 February to Friday 8 April
Term 2:	Friday 29 April to Friday 1 July
Term 3:	Friday 22 July to Friday 23 September
Term 4:	Friday 14 October to Friday 9 December (Christmas celebration Friday 16 th December - tbc)

Call for Tutors
We are always looking for
Tutors for Term Classes or
one-off Classes or Clinics.

Please contact Lawrie or Helen.

Classes – are one hour, except for Craft and some Games

8:45	Members start to arrive for their Classes or a cup of tea or coffee
9am	Scrabble
9:30am	Art and Oil painting
9:30am	Knitting and Needlework
10am	Bridge
10:30am	Current Affairs
11am	Music Appreciation

Monthly

9:30am	Book Club meets on the first Friday of each month.
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Watch this space: *New Exercise program to be announced*

On hold due to Covid Social Distancing requirements

- Computer Training for Seniors

Do you have a question?

Website:	www.strathfieldseniors.org.au
Email:	info@strathfieldseniors.org.au
Or call	Lawrence, President on 0416 018 810 Helen, Secretary on 0410 689 641

Occasional Classes and Clinics

Gardening Clinics
Health and Wellbeing Clinics
Cooking Classes –
cake and bread making
Living Library
History and Geography

Visitors

Please give us a call or visit us on any Friday morning during the NSW Public School Term.

You'll find a welcoming place
where new friendships
and skills are forged.

