



Strathfield School For Seniors

Our School for Seniors is a community of people aged 50+ who come together to socialise and learn new skills in a relaxed, safe and supportive environment.

We get together every Friday of the NSW Public School Term. Everyone is welcome on a weekly or casual basis. Drop-in for a cup of tea and a chat or join one or more of our Classes which range from Crafts, Computers, Current Affairs to Bridge.



Our Class Tutors volunteer their time and bring a wealth of experience from their field of expertise. We are open to adding new Classes and Groups. We warmly welcome all visitors and new Tutors and Speakers.

Our Events include Open Days, Art Exhibitions, Craft Shows, Cultural Events, Guest Speakers and end of Term and Christmas celebrations.

Location: Uniting Church Hall, 11 Carrington Ave, Strathfield
next door to Santa Sabina Junior School

Class Hours: 9:00am - 12:30pm each Friday during
NSW Public School Term

Class Fees: General classes: \$10.00 per school
term
Guest: Free
Includes free morning tea

Parking: Available in the Church Grounds

Transport: Contact Access Sydney
Or Catch the Strathfield Council's
Connector Bus, Blue Route from
Homebush or Homebush West.

Accessibility Yes: All rooms are accessible.



Strathfield School for Seniors would like to acknowledge
Strathfield Council as a proud supporter of our School.

Are you lonely or socially isolated?

The 2018 Australian Loneliness Report revealed that one in four Australians reported feeling lonely each week. The report also found one in two people sometimes, or always feel alone and 30 per cent of people say they don't belong to a friendship group.

The lingering impacts of Covid have impacted many Seniors, decreasing confidence and increasing social isolation and loneliness.

Please, come and visit us any Friday.

School for Seniors Term Dates 2023

- Term 1: Friday 27 January to March 31st
- Term 2: Friday 28 April to Friday 30 June
- Term 3: Friday 21 July to Friday 22 September
- Term 4: Friday 13 October to Friday 8 December
(Christmas celebration Friday 15th December)

Call for Tutors

We are always looking for
Tutors for Term Classes or
one-off Classes or Clinics.

Please contact Lawrence.

Classes – are one hour, except for Craft and some Games

- 8:45 Members start to arrive for their Classes or a cup of tea or coffee
- 9am Computer Class
- 9am Scrabble
- 9:30am Art and Oil painting
- 9:30am Knitting and Needlework
- 10am Bridge
- 10:30am Current Affairs

Monthly

- 9:30am Book Club meets on the first Friday of each month.



Do you have a question?

- Website: www.strathfieldseniors.org.au
- Email: info@strathfieldseniors.org.au
- Or call Lawrence, President on 0416 018 810

Occasional Classes and Clinics

- Gardening Clinics
- Health and Wellbeing Clinics
- Cooking Classes –
cake and bread making
- Living Library

Visitors

Please give us a call or visit us on any Friday morning during the NSW Public School Term.

You'll find a welcoming place
where new friendships
and skills are forged.

